



Drop in Gymnastics sessions (Term Time Only)

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|--------|---------------|-----------|------------|-------|
| Monday | 10.00-11.30am | 0-4 years | Small Hall | £3.50 |
| Monday | 1.00-2.30pm | 0-4 years | Small Hall | £3.50 |

Pre-school Gymnastics Programme 2010

Under 3's (parent and child together) £16.50 per month

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|-----------|---------------|----------------|
| Tuesday | 11.30-12.15am | Apparatus Hall |
| Wednesday | 10.45-11.30am | Apparatus Hall |
| Thursday | 11.30-12.15am | Apparatus Hall |
| Friday | 10.45-11.30am | Apparatus Hall |

Over 3's (parent and child together) £16.50 per month

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|-----------|---------------|----------------|
| Tuesday | 10.45-11.30am | Apparatus Hall |
| Wednesday | 10.00-10.45am | Apparatus Hall |
| Thursday | 10.45-11.30am | Apparatus Hall |
| Friday | 10.00-10.45am | Apparatus Hall |

3-4 years (child independent) £19.00 per month

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| Tuesday | 1.15-2.00pm | Apparatus Hall |
| Wednesday | 1.00-1.45pm | Apparatus Hall |
| Thursday | 1.15-2.00pm | Apparatus Hall |
| Friday | 1.00-1.45pm | Apparatus Hall |

4+ years (not yet attending school) £19.00 per month

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| Tuesday | 2.00-2.45pm | Apparatus Hall |
| Wednesday | 11.30-12.15pm | Apparatus Hall |
| | 1.45-2.30pm | Apparatus Hall |
| Thursday | 2.00-2.45pm | Apparatus Hall |
| Friday | 11.30-12.15pm | Apparatus Hall |
| | 1.45-2.30pm | |

4+ years (attending school) £19.00 per month

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| Tuesday | 3.45-4.30pm | Apparatus Hall |
| Wednesday | 3.45-4.30pm | Apparatus Hall |
| Thursday | 3.45-4.30pm | Apparatus Hall |
| Friday | 3.45-4.30pm | Apparatus Hall |
| Saturday | 8.45-9.30am | Apparatus Hall |

Over 5's Gymnastics Programme 2010

Group 1 (2005*/2004/2003) £21.00 per month

*Children must be 5 to attend

Monday 4.30-5.30pm Apparatus Hall
(no training on Bank holiday's £19per month)

Tuesday 4.30-5.30pm Apparatus Hall
Wednesday 4.30-5.30pm Apparatus Hall
Thursday 4.30-5.30pm Apparatus Hall
Friday 6.00-7.00pm Apparatus Hall
Saturday 9.30-10.30am Apparatus Hall

Group 2 (2002/2001/2000) £30.00 per month

Monday 5.30-7.00pm Apparatus Hall
(no training on Bank holiday's £19per month)

Tuesday 5.30-7.00pm Apparatus Hall
Wednesday 5.30-7.00pm Apparatus Hall
Thursday 5.30-7.00pm Apparatus Hall
Friday 7.00-8.30pm Apparatus Hall
Saturday 10.30-12.00pm Apparatus Hall
Saturday Rhythmic 10.00-11.30am Performance Hall

Group 3 (1999+) £30.00 per month

Tuesday 7.00-8.30pm Apparatus Hall
Wednesday 7.00-8.30pm Apparatus Hall
Thursday 7.00-8.30pm Apparatus Hall
Saturday 12.00-1.30pm Apparatus Hall

Bronze, Silver & Gold £30.00 per month

Wednesday 7.00-8.30pm Performance Hall

Drop in Gymnastics (term time only) £8.00 per session

Monday 7.00-8.30pm Apparatus Hall

Trampoline Gymnastics Programme 2010

Badges 6-8 (Beginners) £28.00 per month

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| Tuesday | 4.30-5.30pm | Large Hall |
| Thursday | 4.30-5.30pm | Large Hall |

Badges 9-10 (Intermediate) £28.00 per month

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| Tuesday | 5.30-6.30pm | Large Hall |
| Thursday | 5.30-6.30pm | Large Hall |

Badges 10+ (Advanced) £28.00 per month

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| Tuesday | 6.30-7.30pm | Large Hall |
| Thursday | 6.30-7.30pm | Large Hall |